

Lympstone Tennis Club - New Rules in response to Coronavirus (COVID-19)

Dear Members,

We would like to update you on how Lympstone Tennis Club is responding to the coronavirus (COVID-19) pandemic.

In accordance with UK Government guidelines around social contact and following the recommendations of the LTA guidelines, the Committee of Lympstone Tennis Club is seeking to balance the importance of **exercise** at this time, but at a **safe distance from others**.

We have outlined a set of new rules below which we ask everyone to follow. These should be implemented with immediate effect. Given the rapidly changing nature of coronavirus, we reserve the right to change these rules to ensure we are conforming to guidelines provided by the UK Government and the LTA.

Protecting the health and safety of our members is our highest priority. Please follow the rules below and if you have any problems then let the club secretary (Liz Griffith, liz@claylane.com) know immediately.

New Rules (implemented with immediate effect and until further notice)

1. No one is permitted to use the courts if they have any of the symptoms of coronavirus (new continuous cough and/or high temperature) and should not use the courts for at least 14 days from the first symptoms.
2. People who are at increased risk of severe illness from coronavirus are strongly advised not to use the courts at any time (see <https://www.gov.uk/government/publications/covid-19-guidance-on-social-distancing-and-for-vulnerable-people/guidance-on-social-distancing-for-everyone-in-the-uk-and-protecting-older-people-and-vulnerable-adults>).
3. The club is not hosting any club or group activities, including team matches, coaching, cardio tennis, etc.
4. Should members decide to use the tennis courts they do so entirely at their own risk and should closely follow guidelines on the gov.uk webpages on coronavirus and social distancing.
5. The clubhouse is not available for any purposes (e.g. floodlights, toilets, store room, etc.).
6. No physical contact should be made between players (including handshaking) and players should keep at a safe distance from others.
7. Members should stringently follow the gov.uk handwashing and respiratory hygiene general principles (see <https://www.gov.uk/government/publications/covid-19-guidance-on-social-distancing-and-for-vulnerable-people/guidance-on-social-distancing-for-everyone-in-the-uk-and-protecting-older-people-and-vulnerable-adults>).

Thank you for your understanding during this difficult time.

Lympstone Tennis Club Committee